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Effects of Covid-19 Risk Perceptions on International Tourists' Travel Intentions to Tanzania

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Abstract

The purpose of the study is to examine the effects of Covid-19 risk perceptions on international tourists' travel intentions to Tanzania. Data was collected using a structured questionnaire administered to 114 international tourists; and was analysed using Structural Equation Modelling through Smart PLS 3.0. The findings reveals that perceived behavioural control and subjective norms have a significant positive influence on the travel intention whereas the Perceived risk has no influence on travel intention. The study contributes to the existing literature on tourist travel during the novel Covid-19. It also sheds light on possible areas to be improved by destination managers and other tourism stakeholders in the country on strategies to adopt in promoting the tourism sector amidst health-related crises.

Keywords: Covid-19, Perceived Risks, Subjective Norms, Perceived Behavioural Control, Travel Intentions, Tourists

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Introduction

The Covid-19 outbreak was first detected in December 2019 in Wuhan-Hubei province, China. A couple of months later, Covid-19 had affected more than 70 destinations including China, South Korea, the United States, Iran, Italy as well as Germany, Austria, and Switzerland (Neuburger & Egger, 2021). Covid-19 was declared a pandemic by WHO on 12th March 2020 having a healthy, social, economic, and political impact (Sigala, 2020). Due to the spread of Covid-19, many countries adopted total economic lockdown and ban on international travels to slow down the spread of the virus. The International travel ban affected almost 90% of the global population and the restrictions on social gatherings and community flexibility whereas tourism came to a halt in March 2020 (Gössling, Scott, & Hall, 2020). Researchers stated that the world had encountered major epidemics in the last 40 years although none had a similar impact on the global economy as the Covid-19 pandemic. The pandemic is likely to hinder the efforts to achieve the 2030 Sustainable Development Goals (SDGs), especially in the lower-income countries. It has been reported that International tourism has decreased in the first quarter of 2020 by 22% (UNWTO, 2020).

The first Covid-19 case was reported in Tanzania in March 2020 (Tarimo & Wu, 2020). The Government of Tanzania likewise took measures to protect its citizens and lessen the spread of the virus. This was done by closing down all educational institutions and promoting public awareness on protection against the pandemic. However, by June 2020 the Government announced the re-opening of schools, advocating for strict adherence to homemade solutions, and subsequent opening up of tourism. The government through its Ministry of Healthy, Community Development, Gender, Elderly and Children (MoHCDEC) and Ministry of Natural Resources and Tourism (MNRT) in collaboration with operators in the tourism sector and the WHO jointly developed Standard Operating Procedures (SOPs) to allow opening up of tourism activity while ensuring health safety of both tourists and employees in the industry. Despite opening its door to tourists, due to Covid-19, countries known to be the source of tourists were severely affected by the pandemic. A total of 21 international airlines had already canceled 632 flights to Tanzania since March 2020 causing deterioration to some economic activities, especially in the tourism industry (Climate Action Network [CAN], 2020). For instance, UNWTO (2020) reported that tourists visiting Serengeti National Park dropped from 6,000 to 24 tourists per day.

Researchers (e.g. Floyd et al., 2004; Bae & Chang, 2020; Nazneen, et al., 2020), observed that, across the globe, Covid-19 risk perception has had a significant influence on tourists' travel intention. The pandemic challenged the existing norms, and created a need to foresee or predict tourists' future behavioral intentions (Bae & Chang, 2020). For a person to engage in a travel behavior there must be triggers to that behavior or intention which are attitude, subjective norms, and perceived behavioral control (Ajzen, 1991). According to the Theory of Planned Behavior the pandemic shapes travelers' attributes such as attitude, perceived behavioral control, and subjective norms which subsequently act as determinants of behavioral intention, which in turn, influences behavior (Bae & Chang, 2020). Hsu and Huang (2012) explained that once attitude is formed it acts for a long time as a predictor of one's behavior or intention.

Attitude refers to an individual's disposition to react with a certain degree of favorableness or un-favorableness to an object, behavior, person, or event; it shows the degree to which the person has a favorable or unfavorable evaluation of the behaviour in question (Ajzen, 1991). Ravis, Sheeran, and Armitage (2009) referred to subjective norms as social pressures that encourage or discourage individuals to make a particular action. Ajzen (1991) explained that when friends or family have a positive attitude towards a certain decision, the probability of an individual doing that action will increase to meet expectations from them. The third attribute under the Theory of Planned Behavior (TPB) is the degree of Perceived Behavior Control. This refers to the perceived easiness or difficulty in performing the behavior and it is assumed to reflect experience. It is also explained as an individual's perception of his or her capabilities regarding skills, time, and money required in supporting a particular action (Hsu & Huang, 2012). This happens when an individual believes that she would be able to control a situation and manage the resources required to act successfully.

In tourist travel intention there is also an element related to risk and how it can affect the travel intention. Risk is defined as the threats, perception of uncertainty, shocks, and crises that can negatively impact different sectors including the tourism industry (Cahyanto, Wiblishauser, Pennington-Gray, & Schroeder, 2016). Risk is also explained as what is experienced and perceived by the tourists or visitors during the process of purchasing or consuming services in the destination. Perception of risk or safety concerns is of paramount importance in the decision-making processes of tourists since they can alter rational decision-making as it pertains to travel models and the choice of a destination (Floyd, Gibson, Pennington-Gray & Thapa, 2004).

The outbreak of Covid-19 has greatly affected the tourists' perception and their travel intentions towards safety and hygiene (Nazneen, Hong, & Ud Din, 2020). The Covid-19 pandemic situation has caused turmoil, challenged the existing norms, and created a need to foresee or predict tourists' future behavioral intentions (Bae & Chang, 2020) where the intention to travel is triggered by safety concerns, perceived social risks, travel experience, and the income of the traveler (Floyd et al., 2004). Various studies (e.g. Floyd et al., 2004, Bae & Chang, 2020, Nazneen, et al., 2020), indicate close relationship between the effects of Covid-19 risk perception on tourist's travel intention. In Tanzania, however, the relationship has not been researched. This study thus focuses on Tanzania since it presented a unique context within which the pandemic was addressed. The country objected adoption of strict Covid-19 lockdown protocols or restricting the movement of its people at the height of the spread of the viral disease. This radical and unconventional approach was highly criticized by among other organs, the World Health Organization (WHO).

It is thus interesting to understand what the determinants of travel intention were for tourists who visited Tanzania during the pandemic. The main objective of the study is to describe the effects of Covid-19 perceptions on tourists' travel intentions to Tanzania. Specifically, guided by the Theory of Planned Behavior, the study seeks to examine the influence of subjective norms, perceived behavior control, and perceived risk on tourists' travel intentions. This understanding will help the destination to choose proper approach in handling crises such as Covid-19 in the future in a manner that will not adversely impact tourists travel intentions. Moreover, the study may help tourism firms to understand how to adjust their business operational frameworks in situations of pandemics.

Literature Review

Theory of Planned Behavior (TPB)

The TPB is an example of a model aimed at forecasting individual behavior based on one's beliefs and attitudes (Ajzen, 1991). According to Ajzen (1991), individual behaviors, preceded by intentions, are determined by one's attitudes, subjective norms, and perceived behavioral control. Whereby attitude can be explained as an individual's conviction and feelings towards said behavior, the subjective norm is defined as the social pressure that may motivate or discourage a person into making or taking an action (Fishbein & Ajzen, 1975). Perceived behavior control is measured by the extent of volitional control (Ajzen, 1991), that is individual's ability to perform a particular behavior. In this current study, travel intention is defined as the individual's inclination to travel while considering the risks associated with the prevalence of the Covid-19.

For all its popularity, TPB has several criticisms leveled against it. The theory has been criticized for its exclusive focus on rational reasoning, excluding unconscious influences on behavior (Sheeran, Gollwitzer & Bargh, 2013) and the role of emotions beyond predicted affective results (Conner, Gaston, Sheeran, & Germain, 2013). Researchers have also questioned whether the hypotheses derived from the model are open to empirical falsification, or whether they are essentially common-sense statements that cannot be falsified (Smedslund, 1978). Despite these weaknesses and criticisms of the theory, the Theory of Planned Behavior is adopted to be used in this current study as most studies (e.g. Kimiecik, 1992), Norman & Smith, 1995) have revealed strong relationships among variables and provide strong predictions of intentions (Norman, Conner & Bell, 2000), the thrust of this study.

Hypotheses Development

The study particularly focused on the influence of subjective norms, Perceived behavior control, and perceived risks on travel intentions.

Subjective Norms and Travel Intention

Ru, Wang, Chen, and Yan (2018) explored the interaction effects of norms and attitudes on green travel intention using the Theory of Planned Behavior. The survey covered 419 respondents in Eastern China. The findings reveal that subjective descriptive norms can increase individuals' green travel intention when they hold low environmental responsibility. Quintal, Lee, and Soutar (2010) conducted a study on different impacts of risks and uncertainty on travel decision-making by the constructs' influence on the antecedents of intentions to visit Australia using the extended theory of planned behavior. Respondents were obtained from online consumer panels in South Korea, China, and Japan. Subjective norms and perceived behavioral control positively impacted intention in the three countries' samples. Subjective norms influenced attitudes and perceived behavioral control in all country samples. Latimer and Martin (2005) examined the extent to which people are concerned with others' approval of them moderates the subjective norms-intentions relationship in the context of exercise. Exactly 325 students completed the questionnaire assessing the TPB variables. The results from the regression analysis show subjective norms were a significant predictor of intentions to exercise only for people highly concerned with receiving disapproval from others and not for people low on this trait.

H1: *Subjective norms have a significant influence on international tourists' travel intentions during Covid-19 outbreak.*

Perceived Behavior Control and Travel Intention

Lam and Hsu (2006) conducted a study on testing the applicability of the theory of planned behavior (TPB) model using its core constructs (attitude, subjective norm, and perceived behavioral control), with the addition of the past behavior variable, on the behavioral intention of choosing a travel destination. Over 299 questionnaires were distributed to potential Taiwanese travelers to Hong Kong. The data fitted the TPB model moderately well. Attitude perceived behavioral control, and past behavior was found significant to the behavioral intention of choosing a travel destination. Other previous studies (e.g. Hsiao & Yang, 2010; Mainardes *et al.*, 2020)) have confirmed an attendant perceived behavioral control to have a positive influence on consumer intention. It is against this background that it is hypothesized thus;

H2: *Perceived behavior control has a significant influence on international tourists' travel intention during the Covid-19 outbreak.*

Perceived Risk and Travel Intention

Sánchez-Cañizares, Cabeza-Ramírez, Muñoz-Fernández, Fuentes-García (2021) studied the impact of the perceived risk from Covid-19 on intention to travel. The risk perceived by the respondents has a negative influence on their attitude towards traveling ($\beta = -0.421, p = 0.000$). The findings are not conclusive as various contexts may provide varying results. Lee et al. (2014), for instance, found no significant influence of perceptions on intention to travel in their extended TPB model since 'potential tourists had some adaptive behavior in mind which lowered the infection threat to a level acceptable to them' (p. 96). Gorenak, Mekinc, and Rangus (2020) studied tourists' perceived threats of Covid-19 and future travel avoidance in Slovenia. This study highlighted that tourists will be very sensitive to some specific factors of future travel decisions such as assurance of healthy safety provided by the tourism industry.

Following September 11, 2001, Floyd et al., (2004) carried out a study on the effects of risk perception on intentions to travel. The study aimed at examining the relationship between travel intentions among the residents in New York and the perceived risks. It was found that travel intentions to take a pleasure trip in the next 12 months were related to perceived social risk among other outcome variables. These results enhance our understanding of risk perceptions and their impact on international tourists' travel behavior during periods of uncertainty like the covid-19 pandemic that the world is grappling with. Similarly, Neuburger and Negger (2021) analyzed the relationship between travel behavior and Covid-19 risk perception in Switzerland, Germany, and Austria. The result of the study revealed that there is a significant rise in travel risk perception concerning Covid-19 risk perception. From the study, they concluded that to reduce the perceived risk media should not solely provide information that can cause a rise in the perceived travel risk. Qi, Gibson, and Zhang (2009) examined the relationship between risk perceptions and travel intentions. By controlling for the influence of individual backgrounds, the study focused on a homogeneous population of 350 students below 30 years of age in the United States of America. Using the regression analysis technique it was revealed that risk had significantly

negative impacts on participants' intention to visit. It is against this background that we hypothesize that:

H3: *Perceived risk has a significant influence on international tourists' travel intention during the Covid-19 outbreak.*

From Tanzania's perspective, there is no research conducted to support the empirical framework. But so far, the country is promoting domestic tourism and has also opened its doors for international tourists to visit the country.

Methods

A report from the Ministry of Natural Resources and Tourism (2020) indicated that in 2019, Tanzania received 1,527,230 million tourists and generated more than US\$ 2.6 billion. International tourists intending to travel to Tanzania were considered to be the working population for the study. The data were collected between May and June 2020 from 114 conveniently sampled respondents using self-administered questionnaires. Questionnaires were administered to respondents through various social media such as Whatsapp and emails whereby the researcher shared the link. The questionnaire had two sections; the first captured the demographic information of the respondents. The second section had eighteen (18) five-point Likert scaled items capturing the perceptions of the international tourist respondents on subjective norms, perceived behavior control, and perceived risks and travel intentions. The measures of subjective norms perceived behavior control and perceived risk was adapted from Bae and Chang (2020) and Floyd et al., (2004). Four questions for subjective norms, two questions for perceived behavior control, and five questions for perceived risk, and were measured using a 5-point Likert scale. A measure of travel intention was adapted from the work of Floyd et al., (2004) whereby travel intention as an outcome variable was measured by asking respondents if they intended to take a pleasure trip in the next 12 months and if the respondent would recommend friends or family to take pleasure trips to Tanzania despite Covid-19 outbreak. The researcher also included questions on Covid-19 perceived risk with five questions measured by a 5-point Likert scale.

In testing the hypothesized relationships, the data were analyzed using partial least squares modeling in SmartPLS 3.2.8 (2015) software. One reason for using the PLS approach was to predict (Hair *et al.*, 2017) residents' satisfaction, rather than confirming the model. A two-stage approach (Anderson & Gerbing, 1988) was used to test the measurement and structural model. The PLS algorithm procedure was used to assess the measurement model by appraising the outer loadings, reliability, and Average Variance Extracted (AVE) for reliability and validity checks. Thereafter, the bootstrapping technique with 5000 samplings was used for the structural model to test the hypotheses.

Results

Respondents' Profiles

Table I summarizes the profiles of the respondents involved in this survey. Among other things, the age of a respondent also plays an important role in determining the traveling behavior of an individual tourist. Keeping other factors fixed, people in certain age groups (adolescents and youths, in particular) are more active in traveling than people in other age

groups (children and elders). The results in Table I show that most of the respondents involved were 21 to 40 (74.6%) years old, followed by those with at least 51(15.8%) years then with 41 to 50 (8.8%) years, and the last group comprised the respondents with less than 20 (0.9%) years.

Table I: Demographic Profiles

Variables	N	(%)
<i>Gender</i>		
Male	58	50.9
Female	56	49.1
<i>Age</i>		
≤ 20	1	0.9
21–30	49	43.0
31–40	36	31.6
41–50	10	8.8
E. ≥51	18	15.8
<i>Marital Status</i>		
Single	57	50.0
Married	55	48.2
Widowed	2	1.8
<i>Average Monthly Income</i>		
≤ 500 USD	22	19.3
501-1000 USD	32	28.1
1001-2000 USD	18	15.8
2000- 3000 USD	18	15.8
3001-5000 USD	14	12.3
≥5001USD	10	8.8
<i>Continent of Origin</i>		
a. Africa	69	60.5
b. Europe	13	11.4
c. Asia	20	17.5
d. North America	10	8.8
e. South America	2	1.8
<i>Travel Frequency</i>		
1–2 times per year ^[SEP]	86	75.4
3–5 times per year	17	14.9
≥5 times per year	11	9.6

Notes: This table shows the information related to respondents' profiles in five aspects, i.e. Gender, Age, Marital Status, Average Monthly Income level, Country of Origin, and Travel Frequency per year. The number of respondents is N = 114.

The type of occupation may determine the extent to which an individual is involved in tourist activities. The nature of the schedule of the role someone performs in his or her office may act as a constraint towards involvement in tourism. The results also show that except for the widowed (1.8%), the single (50.0%), and married (48.8%) respondents were almost evenly distributed. Someone's marital status affects traveling as practically, singles are considered freer to travel than those in wedlock. Traveling for tourism demands resources especially money as there are always costs involved in the process. The average monthly income distribution among respondents was as follows: 22 (19.3%) respondents had income below 500USD, 32 (28.1%) were earning between 501-1000 USD, 32 (31.6%) were earning between 1001-3000 USD, 14 (12.3%) respondents were collecting between 3001-5000 USD and only 10 (8.8%) respondents had income above 5000 USD. The frequency with which an individual travels for tourist activities may also determine someone's traveling intention. Sometimes, as someone travels, she gets more excited about making more tours. Most of the respondents (75.4%) travel only once or twice per year, followed by those who travel thrice to five times per year (14.9%) and only 9.6% of the enrolled respondents travel more than five per year.

Assessment of Measurement Model

A convergent validity test was carried out in which Cronbach Alpha, average variance extracted (AVE), and composite reliability (CR) were critically analyzed. The results are shown in Table II. Items' loadings were more than 0.6, which fulfilled the value recommended by Hair et al. (2017). As for the AVE threshold, the AVE should exceed 0.5 (Hair et al., 2011). In this study, the AVEs were in the range of 0.655 and 0.744 and thus were deemed acceptable. Furthermore, the CR value ranged from 0.826 to 0.912, again consistent with the value suggested by Hair et al. (2011).

Table II: Results of Measurement Model

Constructs	Cronbach α	AVE	Composite Reliability
Subjective Norms	0.871	0.724	0.912
Perceived behavioral control	0.596	0.705	0.826
Perceived Risk	0.827	0.655	0.884
Travel Intention	0.658	0.744	0.853

Fornell and Larcker's (1981) test were used to check for discriminant validity. It was revealed that all constructs exhibit sufficient or satisfactory discriminant validity (Fornell & Larcker, 1981), in which the square root of AVE (diagonal) is larger than the correlations (off-diagonal) for all reflective constructs. Therefore, the results indicate that the measurement model has both adequate convergent validity and discriminant validity.

Table III: Discriminant validity using Fornell and Lacker criterion

	P-Control	P-Risk	S-Norms	Travel Intent
P-Control	0.840			
P-Risk	-0.245	0.810		
S-Norms	0.515	-0.389	0.851	
Travel Intent	0.513	-0.256	0.478	0.863

Assessment of Structural Model

As suggested by Ramayah et al. (2016), the R² value measures the goodness of the structural model. Similarly, Hair et al. (2011) posit that the coefficient of determination and the level of significance of the path coefficients (beta values) can be measured by the R². The R² for the generated results was 0.329 suggesting that 32.9 percent of the variance of travel intention of international tourists (TI) could be explained by subjective norms, perceived behavioral control, and perceived risk. In further statistical significance assessment, the current study calculated for path coefficients of the structural model and performed the bootstrap analysis. According to the results, as shown in Table VI, perceived behavioral control and subjective norms were found to have a statistical influence on the travel intention of international tourists (TI). Perceived behavioral control and subjective norms had a positive influence on travel intention and the beta values of 0.360 and 0.268 respectively. Perceived risk was found to have a negative but insignificant influence on international tourists' travel intention with a beta value of -0.064. Thus, H1 and H3 are supported while H2 was not supported.

Table IV. Summary of the Structural Model

Hypotheses paths	Path coefficients	t-values	p-values	Hypothesis status
P-Control -> Travel Intent	0.360	3.094	0.002	Supported
P-Risk -> Travel Intent	-0.064	0.802	0.423	Not supported
S-Norms -> Travel Intent	0.268	2.724	0.007	Supported

Discussion

Table IV shows that Perceived Behavior Control has a positive influence on tourists' travel intention (*t-value*=3.094; *p*=0.002). This shows that the more perceived behavioral control that the tourist has the more is the intention to travel. However, this study was conducted during the Covid-19 pandemic, where tourists, had their resources in terms of time, resources, and funding curtailed by prevalent economic lockdowns and flight restrictions which were adopted by different countries in a bid to fight the pandemic. The results are similar to the findings by Quintal et al. (2010). Quintal et al found that Perceived behavior control has a significant impact on someone's attitude towards traveling to another destination. Similarly, Han et al (2010) noted that perceived behavioral control influences intention both significantly and positively. However, the findings are contrary to the findings by Ajzen and Madden (1986), who revealed that perceived behavioral control is less likely to be related to intention. This, they argued, is because tourism is high on credence attributes with a high level of intangible factors. It should thus be concluded that the relationship is bound to be affected by contextual differences in the sector in which a study is being conducted.

The findings in Table IV show that perceived destination risks have an insignificant influence on someone's travel intention (*t-value*= 0.802; *p* =0.423) The results show also that perceived risk and travel intention are not related. The findings are in line with the findings by Chew and Jahari (2014) who found out that although perceived risks would affect revisiting the destination, they did not influence someone's initial travel intention. Similarly, Qi et al (2009) revealed that Violence Risk and Socio-psychological Risk had significantly

($p \leq 0.05$) negative impacts on participants' intention to visit China as a tourist. These results are not surprising in that, the more the tourist's perception of risk to or at the destination; the less is the intention to travel to that particular destination. During covid-19, fewer people intended to travel to Tanzania or any other destination because of the heightened perception of risk and the reality of it.

According to the Planned Behavior Theory, individuals are more likely to undertake the behavior that is regarded as desirable by significant others. These significant others can be spouses, friends, family members, or co-workers among other groups. From Table IV subjective norms are positively related to travel intention and are statistically significant (t -value = 0.2724; $p = 0.007$). Na, Onn, and Meng (2016) found that regardless of the reason behind traveling; subjective norms play an important role in determining a tourist to go to a particular destination. During the covid-19 most families were locked down in their homes hence having a strong influence on travel decisions amongst themselves. The majority (over 77%) of the respondents were from Africa and Asia which are collectivistic in their cultural makeup. Individuals from collectivistic countries are bound to be strongly influenced by significant others and tend to comply with their opinions. Spouses, parents, or even children, in a situation where the flight posed a strong health concern, would have their opinions and views respected. Even, when one is away from his significant others, telecommunications technology has made it easier for families to network and be close during the pandemic. While this is true for the collectivistic societies', in individualistic societies such as North America and parts of Europe, individuals tend to pay less attention to what others, significant or otherwise, think.

Conclusion

This study sought to describe the effects of Covid-19 risk perception on tourists' travel intentions to Tanzania. To attain this, the study was guided by research objectives that intended to investigate how subjective norms, perceived behavior control, and perceived risk influence tourists' travel intentions. Based on the three key research objectives, this study revealed the following findings: the subjective norms and perceived behavior control influence travel intention whilst perceived risk had negative and not significant in influencing travel intention about traveling in the next 12 months. Therefore, in this study, it can be observed that the respondents believe that traveling to Tanzania in the next 12 months will not have a significant perceived risk and they believe that their attitude towards Covid-19 will change as the situation will be less complicated.

The Government of Tanzania needs to continue observing the WHO recommendations regarding Covid-19 as respondents believe that safety is still a crucial matter to be observed. The government of Tanzania should continue advertising its tourist sites and show intensively how the government is handling the issue of Covid-19. Drawn from the qualitative responses of the respondents, the government needs to increase Covid-19 awareness and how it is managed, observe WHO recommendations, ensuring safety from the time of landing at the airports to the time of departure.

Every person has her way of reacting to certain information. It is the work of destination managers to know what the public wants and to stress that particular issue. For instance, as

far as Covid-19 is concerned, international tourists expect that safety and hygiene are observed and that all the necessary measures have been taken into consideration in the whole process of ensuring their safety. The marketing team should come up with advertisements showing how the visitors are received from the airport while maintaining the appropriate measures intended to lessen the perception of risk. Other measures which are strongly encouraged are the promotion of domestic tourism and focus on younger tourists and those who have traveled more in the past. It is equally encouraging that the Ministry of Tourism and Natural Resources, in collaboration with other tourism stakeholders took initiatives to aggressively promote positive word of mouth. This was done by also demonstrating how the country was prepared to play host to tourists and ensure safety during their stay.

This study was carried out through an online survey and it was a bit difficult for the researcher to administer them to the respondents who were not personally known to the researchers. However, at the end of the survey, the researcher managed to gather the required number of the questionnaire and continued with data analysis and report writing. From the researchers' point of view and about Tanzania's environment, further studies should embark to explore the effects of Covid-19 on the tourism and hospitality industry in Tanzania. Likewise, more studies are required to move from intention to actual tourists' behavior.

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